







# How is Health Reason defined?

- The 2008 federal Mental Health Parity and Addiction Equity Act (MHPAEA) put care and treatment of mental health and substance use disorders on equal footing – or “parity” – with physical health care.
- California Healthy Kids Survey of SCUSD students indicated that on average 1 in 5 students has considered suicide in the past 12 months
- In order to destigmatize mental health, it’s absolutely essential to treat it as on par with physical health.

# Resolution No. 3147

- Directs the Superintendent to create a board policy that clarifies the definition of “health reasons” in the context of Board Policy 5113 to include mental health

Q & A