

Sacramento City Unified School District

Sacramento City Unified School District
Board of Education Meeting

Breathe4Release, can contribute to the development of critical skills in children. The implementation of Breathe4Release at your Schools can be helpful to students as well as educators who may be struggling with issues such as anxiety, stress, inattention, in conflict, anger, low self-esteem, etc., contributing to a positive and beneficial learning environment for both teacher and student.

I would love an opportunity to discuss this proposal with you.

Thank you for your consideration, and I look forward to the possibility of contributing the well-being of your students.

Sincerely,

Janina Loncar

Owner| Manager

www.trustyoga.com

Sacramento City Unified School District
Board of Education Meeting

February 1, 2024

Written Public Comments

Name:	Samuel HartseWenkins
School:	TheMet
Agenda Item #	7.0

Comment: A CBS News article from December 20th, 2023 states that the SCUSD board of education is considering discontinuing the multi-school CIF agreement. I am a student at the Met Sacramento and a Varsity Volleyball player for Clatchy. The fact that 7,700\$ and competition against worse teams are the main concerns that we it is irrefutably more harmful than anything else. It decrd (d)-4 (e 6 (t)-6 (ht)-2 (ha)4 (t)-2 (t)-2 (he)4 (S

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Written Public Comments

Name:	Samuel Greenlee
School:	N/A
Agenda Item #	7.0

Comment: Good Afternoon,

I am currently attending a conference that has highlighted forthcoming funding